

SERVICES

CONVERSATIONS

<i>Spiritual Counseling</i>	\$75 /HOUR	\$120 /2 HOURS	<i>Sessions include conversation, reflection, spiritual practices, and homework</i>
<i>Body-Work Therapy</i>	\$95 /HOUR	\$125 /1.5 HOURS	<i>Meditative Reiki sessions for relaxing, centering, and refocusing</i>

COACHING

<i>Transitional Coaching</i>	\$150 /HOUR	\$750 /SIX 60-MINUTE SESSIONS	<i>Provides tools to maximize changes and transitions in your life</i>
<i>Hope to Habit Coaching</i>	PACKAGES ONLY	\$750 /SIX 60-MINUTE SESSIONS	<i>Designed for discovering and living into and out of your life's purpose</i>

ENCOURAGEMENT

<i>Encouragement Calls</i>	\$25 /.5 HOUR	\$750 /SIX 60-MINUTE SESSIONS	<i>Quick calls for reassurance, refocusing, and staying positive and on-track</i>
<i>Reality Checks</i>	\$75 /HOUR	\$750 /SIX 60-MINUTE SESSIONS	<i>A question-reflection session to sort through perceptions and projections</i>
<i>12-Step Support</i>	\$90 /HOUR		<i>Sessions provide a confidential, non-judgmental setting for wrestling, reflecting, and considering next steps</i>
<i>Self-Work Sessions</i>	PACKAGES ONLY	\$500 /SIX 60-MINUTE SESSIONS \$1,200 /WORKING WEEKEND + COACH'S EXPENSES \$500 /DAY PER PERSON + COACH'S EXPENSES	<i>Self-work sessions provide questions, support mechanisms, and lots of tea and encouragement to work through a thorough life and living inventory.</i>

***A TEAOLOGICAL CONVERSATION is a conversation over a cup of tea that offers personalized listening and reflection that will feed your spirit and help deepen your relationship with yourself ... with others ... with God.**

POLICIES & DISCLAIMERS

APPOINTMENTS

If you need to cancel an appointment, a minimum 24-hour notice is required; otherwise you are subject to the full charge for the missed appointment. Either leave a message on our voicemail, which will accurately report the date and time you called, or send an email to Schedule@Teaology.Life. In turn, we will call and leave a message if you are unable to answer, *and* we'll follow-up with an email should we have an emergency situation and have to reschedule.

We ask that you be punctual as well. We use a Timer Chime to mark our time and set it to *start* at the time scheduled for your appointment (unless we are the one delayed). If you are late for any reason, you will receive the remainder of your scheduled time. This is necessary so we can see clients at their scheduled times.

EMERGENCIES

Please contact 911, your physician, or go to the nearest emergency room for emergencies. We do not provide any type of emergency or crisis care.

FINANCIAL RESPONSIBILITY

You are fully responsible for all services rendered. Full payment is expected at or before the time of your service. We accept cash, checks, money orders, and PayPal. Please make checks and money orders payable to *kris tenny-brittian*; you can make PayPal arrangements through the PayPal link on the Teaology.Life site. There will be a \$25 fee for checks returned by your bank. We will provide you with a receipt via email if you'd like.

CONFIDENTIALITY & PRIVACY

Your client records are the property of Teaology and shall be treated as confidential: we neither discuss nor share client information with any third party unless you have given us a properly signed written consent form. Everything about your care is held in strictest of confidence *with the exception* of those situations which we are required by law to report (such as suspected or reported child abuse, etc.); however, we will never make those official reports until we have first asked you to be a part of that reporting process together with us.

CLIENT CONTACT

This *New Client Worksheet* asks if we may leave a message at the number you provide. To maintain confidentiality and avoid awkward and potentially unsafe situations for you, we need to know whether or not we can leave messages for you. If it is not okay for anyone answering your phone to know that we are calling from Teaology, please provide us with an alternate number where we can leave a message or a number we can text.

DISCLAIMER

Neither Spiritual Counseling nor Coaching is a substitute for medical, emotional, or and/or mental health care by a licensed health care professional. If you are receiving treatment for a mental or emotional disorder, please consult with your healthcare professional before making an appointment with us.

A Spiritual Counselor is a mentor, an advisor, a counselor, a facilitator, and a companion along your spiritual journey. We listen, observe, intuit, reflect, teach, and provide tools and resources. Above all, our work is always *about you* ... we work in partnership with you to help you discover and live out who you have been created to be so you can do what you are meant to do.

We are mindful that what we offer you are options. Please take note: we want you to know you are *always* the one who gets to choose what you do and do not do. You can choose to act or not to act on something (or anything, for that matter) we suggest. You always have the right – and the responsibility – to say “yes,” “no,” “no thank you,” “not at this time,” “stop,” “we’re done,” “this isn’t for me,” etc. You will not offend us ... we promise. We will always respect your choices. And anytime you feel our professional relationship is not helping or benefitting you, please tell us so we can bring our relationship to a healthy close